



Morning Star Potty Training Policy

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| Setting's Name: | Morning Star Nursery – Eldon Road |
| Date Last Reviewed: | 06 th November 2024 |
| Date of Next Review: | 06 th November 2025 |

Readiness

A child's body must be ready before they can be taught how to use a potty or sit on the toilet.

A child will begin to show that they are ready for potty training, signs to look for may include:-

- ✓ Are they aware that they are wet/soiled (this awareness comes before they become aware that they need to go)
- ✓ Does the child tell you when they are dirty?
- ✓ Does the child try to pull off their nappy?
- ✓ Is the child interested in sitting on a potty or toilet?

Supporting Parents/Carers

At Morning Star we will support Parents/Carers in potty training their children. Parents/Carers should begin potty training at home and staff will do everything they can to ensure consistency by matching routines established at home in the setting.

It is important that all staff respond positively when a Parent/Carer asks about potty training or tells us they have begun to potty train at home. Open, honest and respectful dialogue is essential in this area, as in all others.

If Parents/Carers seem to have unrealistic expectations then it is even more important that we offer supportive but honest advice.

In the setting

During the potty-training process children are reminded to use the toilet throughout the day. Each child is given appropriate praise and encouragement for using the toilet or for having a try.

All staff members are happy to deal with accidents and understand that having accidents is a part of the learning process. Parents / carers are asked to send their child in with a bag containing several changes of clothes and we are happy to provide additional spare clothes.

Children are changed in the toilet area and wet/soiled clothing is put into a clean bag.